**Melatonin papers of interest**

**Title**

**Author(s)**

**Pub Year**

**Journal**

**1**

Melatonin for treatment of REM sleep behaviour disorder in neurological disorders: results in 14 patients

Boeve, Bradley F et al

2003

Sleep Medicine

**2**

Melatonin treatment in individuals with intellectual disability and chronic insomnia: a randomized placebo-controlled study

Braam, W et al

2008

Journal of Intellectual Disability Research

**3**

Evaluating the Role of Melatonin in the Long-Term Treatment of Delayed Sleep Phase Syndrome (DSPS)

Dagan, Yaron et al

1998

Chronobiology International

**4**

Randomized controlled trial of melatonin for children with autistic spectrum disorders and sleep problems

Garstang, J et al

2006

Child: Care, Health and Development

**5**

Effect of melatonin on depressive symptoms and anxiety in patients undergoing breast cancer surgery: a randomized, double-blind, placebo-controlled trial

Hansen, Melissa V et al

2014

Breast Cancer Research and Treatment

**6**

Long-term follow-up of melatonin treatment in children with ADHD and chronic sleep onset insomnia

Hoebert, Michel et al

2009

Journal of Pineal Research

**7**

Clinical trials of controlled-release melatonin in children with sleep-wake cycle disorders

Jan, J E et al

2000

Journal of Pineal Research

**8**

The Efficacy of Oral Melatonin in Improving Sleep in Cancer Patients with Insomnia: A Randomized Double-Blind Placebo-Controlled Study

Kurdi, Madhuri et al

2016

Indian Journal of Palliative Care

**9**

Influence of Subchronic Intake of Melatonin at Various Times of the Day on Fatigue and Hormonal Levels: A Placebo-Controlled, Double-Blind Trial

Nickelsen, Thomas et al

1989

Journal of Pineal Research

**10**

The use of high-dose melatonin in liver resection is safe: first clinical experience

Nickkholgh, Arash et al

2011

Journal of Pineal Research

**11**

The Effects or Oral Melatonin on Skin Color and on the Release of Pituitary Hormones

Nordlund, James et al

1977

The Journal of Clinical Endocrinology & Meatabolism

12

Randomized, double-blind clinical trial, controlled with placebo, of the toxicology of chronic melatonin treatment

Seabra, Maria de Lourdes V et al

2000

Journal of Pineal Research

13

Melatonin for chronic sleep onset insomnia in children: a randomized placebo-controlled trial

Smits, M G et al

2001

Journal of Child Neurology

**14**

Effect of Melatonin on Sleep, Behaviour, and Cognition in ADHD and Chronic Sleep-Onset Insomnia

Van der Heijden, Kristiaan B et al

2007

Journal of the American Academy of Child & Adolescent Psychiatry

**15**

Use of melatonin for sleep disturbance in a large intellectual disability psychiatry service

Ward, Fran et al

2015

International Journal of Developmental Disabilities

**16**

A randomized, placebo-controlled trial of controlled release melatonin treatment of delayed sleep phase syndrome and impaired sleep maintenance in children with neurodevelopmental disabilities

2008

Wasdell, Michael B et al

Journal of Pineal Research

**17**

Melatonin Versus Placebo in Children with Autism Spectrum Conditions and Severe Sleep Problems Not Amenable to Behaviour Strategies: A Randomized Controlled Crossover Trial

Wright, Barry et al

2011

Journal of Autism and Developmental Disorders